FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [®] DEBENEDICTIS NICHOLAS					ssuer Name and Tic QUA AMERIC		0	,	(Check	all applicable)	ng Person(s) to Issuer 10% Owner				
(Last) (First) (Middle) 762 W LANCASTER AVE.					ate of Earliest Trar 06/2011	nsaction (Montl	n/Day/Year)		Director Officer (give title below) CHAIRMAN	Other below	(specify)			
(Street) BRYN MAWR (City)	PA (State)	19010 (Zip)	[4. lf	Amendment, Date	of Origin	al File	ed (Month/Day	/Year)	6. Indiv Line) X					
	1	Fable I -	Non-Deriva	tive	Securities Ac	quired	, Dis	posed of,	or Ber	neficially	Owned				
Date			2. Transaction Date (Month/Day/Ye	Execution Date, Transaction Disposed Of (D) (Instr. 3,						5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
						Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(1150.4)	(1150.4)		
Common Stock			11/10/201	1		G	v	46	D	\$21.96	330,228.95	D			
Common Stock			11/17/201	1		G	v	729	D	\$21.725	329,499.95	D			
Common Stock			12/06/201	1		A		50,000(1)	Α	\$22.13	379,499.95	D			
						1					1		1		

Common Stock Ownership By Spouse				0	Ι	Spouse
Common Stock-GRAT				70,971.88	Ι	GRAT #3
Common Stock-GRAT				120,776	Ι	GRAT #4
Common Stock-GRAT				65,777.88	Ι	GRAT #3 - Spouse
Common Stock-GRAT				120,776	Ι	GRAT #4 - Spouse
Common Stock - IRA				4,025.61(2)	D	
Common Stock - IRA				3,218.58(3)	Ι	IRA - Spouse
Common Stock 401k				14,361.89(4)	Ι	401k

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	erivative Conversion Date ecurity or Exercise (Month/Day		Execution Date,		4. Transaction Code (Instr. 8)		vative rities iired r osed) :. 3, 4 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

1. Grant of 50,000 shares of restricted stock which vest one-half in 2014 and one-half in 2015, subject to meeting performance criteria.

2. Includes 32.52 shares acquired under the Issuer's dividend reinvestment plan since the date of the reporting person's last ownership report.

3. Includes 26 shares acquired under the Issuer's dividend reinvestment plan since the date of the reporting person's last ownership report.

4. Since the date of the reporting person's last ownership report, the reporting person acquired 116.01 shares under the Issuer's 401k Plan.

<u>/s/ Brian Dingerdissen,</u> attomey-in-fact for Mr. DeBenedictis

12/12/2011

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.